

Can I wear makeup after skin needling?

Although it's tempting wearing makeup too soon following surgery may cause inflammation or slow down your healing. We get it. It's a woman's world and you're looking to resume your routine of makeup and skincare after having Skin needling done over your face. While the temptation to do it is tempting but putting on your makeup too soon after skin needling is not a great choice. Since it's an uncomfortable and painful (a tiny bit) procedure. It can be evident on your face that you've had Skin needling to be done. Even with the discomfort, it produces impressive results. The old saying is "no pain, no gain" is worth nothing but I do believe that most people would love to know the advantages of Skin needling however they aren't ready to share the news with anyone else that they've gone through the procedure. This is when the makeup comes to the rescue.

The use of makeup is a crucial element of self-confidence as it hides any flaws you might have. When you want to let your skin heal from an experience of skin needling it is necessary to avoid wearing makeup for a couple of days. If you're among the people who can't go without makeup, here's an easy guide on how to apply your makeup following skin needling in a manner that makes you appear attractive, but does not affect the results.

Your Skin Condition After Skin Needling or Microneedling:

Following your skin needling treatment, you will notice some adverse effects from the procedure. The side effects can include irritation as well as red, swollen skin. Your skin functions as an absorber, it will soak up whatever you apply. The pores also are open. Makeup products consist of comedogenic ingredients. When you apply makeup on your skin following the skin that has been needling to be cleansed, your pores are likely to be blocked and cause inflammation. We are all tempted to apply a foundation to hide our skin's redness and use concealers to cover other imperfections, however, let your skin breathe and your damaged skin gets completely repaired.

How Soon After Skin Needling Can I Begin To Wear Makeup Again?

If your skin has been damaged, it's going to take a minimum of 48 to 72 hours to heal superficially. You'll need to wait two to three days before you can wear makeup once more. Therefore you should have a break of a few days from your skincare and makeup routine and stick to your natural!

Wait about 3 days before wearing makeup

The skin and body of everyone are distinct. The speed at which your skin heals will depend on your genes. Avoid makeup for at least 24 hours. After that, your skin will heal. It is possible to apply a mild moisturizing cream at this point. After three days, you can apply a light layer of makeup.

What makeup to use:

Once your skin has healed and hydrated, you can apply thin makeup made of mild and hypoallergenic ingredients. You should apply a large amount of moisturizer prior to applying your makeup. Make sure that the moisturizer has fully penetrated your skin (your face must be dry) prior to your next thing. It is also possible to use the hydration spray which uses natural ingredients to soothe and nourish the skin. The next first step is to select the most lightweight, breathable foundation that gives sufficient coverage. It is also possible to use mineral liquid foundations in case you aren't a fan of wearing powder on your face. For the kind of makeup that you wear, you might want to opt for a style that's more natural side.