

WHAT TO PUT ON THE SKIN AFTER MICRO NEEDLING ?

Skin Needling or Microneedling Aftercare.

Skin Needling or Microneedling provides fantastic benefits to obtaining and maintaining your beautiful skin. However, as with any other excellent skin treatment, there are some important instructions for aftercare that you should follow to get the best from your skin care regimen.

Because Skin Needling, also known as Microneedling, results in micro-abrasions on the face, people can't go back to their usual skincare routine they have finished. After your procedure, you'll appear as if you've got an occasional sunburn. Additionally, your skin may feel hotter and tighter than it normally does. Be aware that these reactions are normal and typically fade within a couple of hours following treatment, however, it can last up to, 24 hours to fully resolve.

Do not worry, we'll discuss the post-treatment skincare regimen following the procedure to soothe, relax and shield the skin. Continue treating your skin gently for 3 days following microneedling. You can resume your routine following day three of treatment.

OUR RECOMMENDATION FOR THE BEST SKIN NEEDLING or MICRONEEDLING AFTERCARE:

CLEAN - Apply a gentle cleanser and water that is tepid to cleanse your face for the first 72 hours after treatment and then gently dry treated skin. Make sure that your hands are spotless before you touch the area that has been treated, and don't use any type of Clarisonic or any other cleansing brushes for at least a week following your treatment.

Heal - We suggest serum antioxidants following treatment since their properties can aid in healing the skin by soothing it and decreasing irritation.

HyDRATE - After the Rejuvapen treatment, your skin might appear dryer than it normally does. Hyaluronic Acid is an excellent ingredient that can be used to hydrate and bring your skin to its original equilibrium.

STIMULATE - in the days following the microneedling treatment and as your skin begins to heal collagen-stimulating peptides are the best to boost the effectiveness of the stimulation initiated through the microneedling.

MAKEUP - We advise you to don't apply makeup for at least 24 hours following the procedure. Also, don't apply any makeup using brushes, especially if the brush is not clean.

PROTECT After this procedure is completed, your dermatology expert will apply a broad spectrum UVA/UVB SPF 25 or higher sunscreen on your skin. We suggest a chemical-free sunscreen. Be aware that you should apply sunscreen every day, not just the days following your procedure, but as part of your routine to shield the skin against sun aging and damage.

ADDITIONAL MICRONEEDLING AFTERCARE PRECAUTIONS

To ensure a healthy environment, don't use the Alpha Hydroxy Acids Beta Hydroxy Acid Retinol (Vitamin A), Vitamin C (in the form of a low pH formulation) scrubs, or any other product that is regarded by the skin as "active" skincare for one-week after treatment.

Avoid using any power cleansing brushes such as Clarisonic for one week post-treatment.

Avoid direct and intentional sunlight for up to 72 hours.

No tanning beds.

Always wear sunscreen.

Avoid swimming for at least 72hrs after treatment.

Do not exercise or engage in strenuous exercise within the first 72-hours following treatment. The gym and the environment all over are dangerous and full of bacteria that can trigger adverse reactions to your skin.